

## Summer 2 PSHE

### Relationships (families and safe relationships) and Staying Safe.



Year Group	Learning Covered	Questions/discussions you could have with your child
1	<ul style="list-style-type: none"> <li>Who is special to them?</li> <li>Features of family life.</li> <li>Know to tell someone if they feel unhappy.</li> <li>Different types of touch e.g hugs, tickling, punches and how it makes people feel.</li> <li>Kind and unkind behaviour.</li> <li>Know to tell someone if something about a relationship makes them feel worried or unsafe.</li> </ul>	<p>Who is special to you?            What makes them special?            What makes a happy family?</p>
2	<ul style="list-style-type: none"> <li>Understand families sometimes look different from their own (e.g single parents, same-sex parents).</li> <li>Recognise hurtful behaviour</li> <li>Difference between happy surprises and uncomfortable secrets.</li> <li>Know to tell someone if something about a relationship makes them feel worried or unsafe.</li> </ul>	<p>Who do you trust?            What makes a happy family?            What is the difference between a happy surprise and an uncomfortable secret?</p>
3	<ul style="list-style-type: none"> <li>What is a family?</li> <li>Understand families sometimes look different from their own (single parents, same-sex parents, step-parents, blended families, foster and adoptive parents).</li> <li>Recognise respectful behaviours</li> <li>Know to tell someone if something about a relationship makes them feel worried or unsafe.</li> </ul>	<p>What is a family?            What does respect mean?            How can you show respect?</p>
4	<ul style="list-style-type: none"> <li>Difference between 'playful dares' and dares which put people at risk.</li> <li>Responding to aggressive behaviour, including online.</li> <li>When it is right to share a secret.</li> <li>Know to tell someone if something about a relationship makes them feel worried or unsafe.</li> <li>Caring for each other.</li> </ul>	<p>What is a 'risky' dare?            How can you keep safe online?            How would you respond to inappropriate behaviour online?</p>
5	<ul style="list-style-type: none"> <li>Acceptable and unacceptable touch.</li> <li>Permission-seeking.</li> <li>Know to tell someone if something about a relationship makes them feel worried or unsafe.</li> <li>Positive risk taking and dangerous behaviour.</li> <li>Basic first aid.</li> <li>Medicines that manage illness and allergies.</li> <li>Effects and risks of legal and illegal drugs.</li> </ul>	<p>What are some of the risks when you are playing outside?            Can you tell me any items from around the house you might need for basic first aid?            What should you do in an emergency situation?</p>

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- Different kind of loving relationships.
- Qualities of healthy relationships.
- Permission –seeking and consent.
- Know to tell someone if something about a relationship makes them feel worried or unsafe
- Protecting information online.
- Why people use drugs, influences and peer influence.
- Mixed messages in the media relating to drug use.
- Laws relating to drugs common to everyday life and illegal drugs.

What are the qualities of a healthy relationship?  
How can you stay safe online?